

CHEHALEM Chehalem SENIOR CENTER

OCTOBER 2025 ACTIVITIES CALENDAR

IN-PERSON LUNCH

MONDAY-FRIDAY STARTING AT 11:00 AM | Come Join your friends at Chehalem Senior Center every Monday through Friday for in-person lunch Reserve your spot at the senior center front desk.

SENIOR TRIP SATURDAY, OCT. 11

ILANI CASINO 9:00 AM-5:00 PM SIGN UP AT THE SENIOR CENTER

AGE CAFE

FIRST WED. OF THE MONTH 11:00 AM

BINGO MONDAYS!

EVERY SECOND & FOURTH MONDAY STARTING AT 12:00 PM

NEW! BETTER BONES & BALANCE EXERCISE CLASS

EVERY TUESDAY & FRIDAY SESSION 1: OCT. 7-DEC. 23 REGISTRATION REQUIRED

VACCINATION CLINIC FRIDAY, OCT. 24

11:00 AM-3:00 PM Come down to get your flu, COVID, shingles, tetanus, pneumonia, and/or *RSV shot!

*RSV for seniors only

FALL BAZAAR & CRAFT FAIR COMING SOON!

NOVEMBER 8TH

9:00 A.M.-4:00 P.M.

101 W Foothills Dr., Newberg, OR 97132 503.537.9404 · cprdnewberg.org

HALLOWEEN PET РНОТО ВООТН!

OCTOBER 31 | 12 PM-3:00 PM Bring your best 4-legged friend in costume to the senior center on Halloween to get a commemorative photo taken!

All are welcome!

CHEHALEM Chehalem SENIORI OCTOBER 2025

M

Pinochle

10:00 a.m.

AGE CAFE

11:00 a.m.

12:00 p.m.

Barre Fusion

3 Coffee with friends

9:00 a.m. **Pool Cues China Painters** 9:00 a.m.

10:00 a.m. Mahjong

10:30 a.m. Tai Chi 1:30 p.m.

FRIENDING STARTS AT 12:00 p.m.

Pool Cues 9:00 a.m.

Hand & Foot Card Game 10:00 a.m.

Hand & Foot Card Game

Elderberry Jam Choir

10:00 a.m.

12:00 p.m.

1:00 p.m.

2:00 p.m.

Line Dancing

Barre Fusion

Line Dancing 12:00 p.m.

Better Bones & Balance 12:30 p.m.–1:30 p.m.

Elderberry Jam Choir 1:00 p.m. **Barre Fusion**

9AM-5PM

CASINO

SENIOR

TRIP

ILANI

Pool Cues 9:00 a.m.

Hand & Foot Card Game 10:00 a.m.

Line Dancing 12:00 p.m.

2:00 p.m.

Better Bones & Balance 12:30 p.m.-1:30 p.m.

Elderberry Jam Choir 1:00 p.m.

Barre Fusion 2:00 p.m.

24 Pool Cues 9:00 a.m.

Hand & Foot Card Game 10:00 a.m. **Line Dancing**

VACCINE CLINIC 11-3PM

12:00 p.m. **Better Bones & Balance**

NEW!

12:30 p.m.-1:30 p.m. **Elderberry Jam Choir**

1:00 p.m. **Barre Fusion** 2:00 p.m.

HALLOWEEN PET РНОТО ВООТН!

Pool Cues 9:00 a.m. **Hand & Foot Card Game** 10:00 a.m. **Line Dancing**

12:00 p.m. Better Bones & Balance

Elderberry Jam Choir 1:00 p.m. TIE DYE Barre Fusion **FRIDAY** 2:00 p.m.

IN-PERSON LUNCH MONDAY-FRIDAY: 11:00 a.m. Registration required



9:00 a.m.-3:00 p.m.

Crafty Ladies & Gents 9:00 a.m.

Pool Cues 9:00 a.m.-12:00 p.m.

OPEN

Foot Clinic (Appointment only)

MONDAY-FRIDAY

9:00 a.m.-2:00 p.m.

Better Bones & Balance NEW! 1:30 p.m.-2:30 p.m.

Crafty Ladies & Gents

9:00 a.m.-12:00 p.m.

9:00 a.m.-2:00 p.m.

1:30 p.m.-2:30 p.m.

Better Bones & Balance

Foot Clinic (Appointment only)

NEW!

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Pinochle 10:00 a.m.

Barre Fusion 12:00 p.m.

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Pinochle

10:00 a.m.

12:00 p.m.

Barre Fusion

Info Session on Medicare 12:30 p.m.-3:00 p.m.

Coffee with friends

9:00 a.m.

China Painters 10:00 a.m.

VIPN: 10:00 a.m.

Mahjong 10:30 a.m.

Tai Chi 1:30 p.m.

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Coffee with friends 9:00 a.m.

Coffee with friends

China Painters

China Painters 10:00 a.m.

Mahjong 10:30 a.m.

Tai Chi

1:30 p.m.

9:00 a.m.

10:00 a.m.

Mahjong

10:30 a.m.

Tai Chi

1:30 p.m.

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Kristin Hannah

AARP Smart Driver 8:45 a.m.-12:15 p.m.

Senior Book Club

Book: The Women by

Pinochle 10:00 a.m. **Barre Fusion** 12:00 p.m.

Info Session on Medicare 12:30 p.m.-3:00 p.m.

COMPUTER SKILLS

1:00 p.m.

Pinochle

Barre Fusion

30

Coffee with friends 9:00 a.m.

China Painters 10:00 a.m.

Mahjong 10:30 a.m.

Tai Chi 1:30 p.m.

Walking Group

Join email/phone list for times and locations

Dominoes 10:00 a.m.

Chehalem Wood Carvers 12:00 p.m.

Barre Fusion 12:00 p.m.

Walking Group Join email/phone list for times and locations

Dominoes 10:00 a.m.

Chehalem Wood Carvers 12:00 p.m.

Barre Fusion 12:00 p.m.

BINGO STARTS: 12:00 p.m.

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Walking Group Join email/phone list for times and locations

AARP Smart Driver 8:45 a.m.-12:15 p.m.

Dominoes 10:00 a.m.

Chehalem Wood Carvers 12:00 p.m.

Barre Fusion 12:00 p.m.

Walking Group Join email/phone list for times and locations

Dominoes 10:00 a.m.

Chehalem Wood Carvers 12:00 p.m.

Barre Fusion 12:00 p.m.

STARTS: 12:00 p.m.

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9:00 a.m.

Pool Cues

Crafty Ladies & Gents 9:00 a.m.

Pool Cues

9:00 a.m.-12:00 p.m.

Foot Clinic (Appointment only) 9:00 a.m.-2:00 p.m.

Better Bones & Balance 1:30 p.m.-2:30 p.m.

NEW!

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Crafty Ladies & Gents 9:00 a.m.

Pool Cues 9:00 a.m.-12:00 p.m.

Foot Clinic (Appointment only) 9:00 a.m.-2:00 p.m.

Better Bones & Balance NEW! 1:30 p.m.-2:30 p.m.

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10:00 a.m.

12:00 p.m.

Info Session on Medicare 12:30 p.m.-3:00 p.m.

ACTIVITIES CALENDAR