



125 S. Elliott Rd, Newberg
Sports Department (503) 537-2909

April 8, 2011

2011 Kids Fit Camp

Kids Fit Camp is a high energy camp that focuses on speed and athletic development for kids between the ages of five and thirteen. The Kids Fit Workouts are composed of 6 to 12 stations depending on the size of the group. It is fun for the kids because each station is designed around speed or physical development, most kids' think this is more like play time than hard work. It is important for kids to have fun at this age. They need to relate the sport to something that is fun, not hard work!

When: Session I June 27, 29, July 1, 2011

Session II July 25, 27, 29, 2011

Where: Crater Sports Complex

Time: 1:00 - 2:00 pm

Who: 5 - 13 year old

Cost: \$59

Activity # session I 3204.405

Session II 3204.405

See Summer Activity Calendar Below:



2011 CPRD Summer Sport Camps, Lessons & Meetings Schedule



DATE	TIME	ACTIVITY	WHO	LOCATION
6/20 & 6/22	4:30-5:45	Youth Tennis Lessons	Ages 7-17	Jaquith Park Tennis Courts
6/20 & 6/22	6:30-8:00	Adult Tennis Lessons	Ages 12-	Jaquith Park Tennis Courts
6/20 – 6/23	10:00-12:00	Pee Wee Sport Camp	Ages 5-9	Jaquith Park Tennis Courts
6/20 – 6/23	9:00-12:00 pm	Girls Junior Tiger Hoop Camp	Grades 2-8	Chehalem Valley gym
6/20 – 6/22	9:00-11:30	Tiger Baseball Camp	Grades 1-8	NHS BB field
6/20 – 6/23	1:00-4:00	Boys Basketball Camp	Grades 2-12	GFU Wheeler Complex
6/21	6:00-7:00	Coed Softball Meeting	Adult	District Sports Office
6/21	7:00-8:00	Summer League Basketball Meeting	Adult	District Sports Office
6/27-6/29	10:00-11:30	Summer Slam Youth Sport Performance Camp	Grades 6-12	NHS Weight room
6/27,29,7/1	1:00-2:00	Kids Fit Camp	Ages 5-13	Crater ball fields
7/5 – 7/8	10:00-11:45	T-Ball Camp	Ages 4-7	Jaquith Ball Field #1
7/11– 7/14	9:00-1:00	Tennis Camp	Ages 7-17	Jaquith Park Tennis Courts
7/11 – 7/15	3:30-5:30	Middle School Rookie Rugby Camp	Grades 6-8	Renne Field
7/11 – 7/14	9:30-Noon	Soccer Camp	Grades K-8	NHS Soccer Field
7/18 – 7/21	10:00-12:00	Pee Wee Sport Camp	Ages 5-9	Jaquith Park Tennis Courts
7/13 - 7/16	9:30-1:30 pm	Lacrosse Camp	Grades 5-12	CVMS Football field
7/18 & 7/20	4:30-5:45	Tennis Lessons	Ages 7-17	Jaquith Park Tennis Courts
7/25 – 7/28	10:00-11:45	T-Ball Camp	Ages 4-7	Jaquith Ball Field #1
7/25,27,29	1:00-2:00	Kids Fit Camp	Ages 5-13	Crater ball fields
7/25,27,29	10:00-12:00	Pre-Season Football Conditioning Clinic	Ages 10-14	NHS Football field
7/31	7:30 am	Old Fashioned Festival 5 K Run	All ages	Memorial Park
8/1 –8/4	9:00-11:00	Jr. Tiger Football Camp	Grades 3-8	Crater Sports Complex
8/1	5:00-6:00 pm	7th & 8th grade FOOTBALL GEAR hand out	Grade 7-8	District Sports Office
8/2	5:00-6:00 pm	5th & 6th grade FOOTBALL GEAR hand out	Grade 5-6	District Sports Office
8/3	5:00-6:00 pm	3rd & 4th grade FOOTBALL GEAR hand out	Grade 3-4	District Sports Office
8/8 – 8/11	9:00-1:00	Tennis Camp	Ages 7-17	Jaquith Park Tennis Courts
8/8 & 8/10	4:30-5:45	Tennis Lessons	Ages 7-17	Jaquith Park Tennis Courts
8/15	6:00-7:30	K – Extreme Soccer Coach Meeting	Coaches	District Sports Office
8/20 – 8/21	9:00 am	Adult and Youth Tennis Tournament		

ADDITIONAL ACTIVITIES WILL BE ADDED AS THEY BECOME CONFIRMED.

For more information or questions please visit CPRD WEB SITE www.cprdnewberg.org or contact Mike at 503-537-2909, mgarrity@cprdnewberg.org